

TIMETABLE / STUNDENPLAN

ZÜRICH CITY JELMOLI

TUESDAY / DIENSTAG:	20:00 - 20:45	STUDIO 1
THURSDAY / DONNERSTAG:	19:00 - 19:45	STUDIO 1
SATURDAY / SAMSTAG:	11:00 - 11:45	STUDIO 1

OBERRIEDEN SEEPARK

MONDAY / MONTAG:	18:30 - 19:15	STUDIO 1
WEDNESDAY / MITTWOCH:	12:15 - 13:00	STUDIO 1
FRIDAY / FREITAG:	08:30 - 09:15	STUDIO 1
SATURDAY / SAMSTAG:	12:15 - 13:00	STUDIO 1

ZÜRICH CROWNE PLAZA

MONDAY / MONTAG:	18:00 - 18:45	HOL. STUDIO
THURSDAY / DONNERSTAG:	19:00 - 19:45	HOL. STUDIO
FRIDAY / FREITAG:	18:00 - 18:45	HOL. STUDIO

BOUNCE IT OFF!

LEARN MORE AT [HOLMESPLACE.CH](https://holmesplace.ch)



AIRFIT

H O L M E S P L A C E C L A S S E S

TIMETABLE / CALENDRIER

GENEVA

TUESDAY / MARDI:	11:15 - 12:10	STUDIO 1
WEDNESDAY / MERCREDI:	09:15 - 10:00	STUDIO 1
	19:35 - 20:20	STUDIO 1
THURSDAY / JEUDI:	17:30 - 18:15	STUDIO 1

LAUSANNE

TUESDAY / MARDI:	12:15 - 13:00	STUDIO 1
WEDNESDAY / MERCREDI:	18:15 - 19:00	STUDIO 1
FRIDAY / VENDREDI:	17:30 - 18:15	STUDIO 1
SATURDAY / SAMEDI:	09:30 - 10:15	STUDIO 1

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